



Chamber Member Discount

Working to meet the needs of our members

BRYCES BLUEPRINT FITNESS



\$50/MONTH!

CHAMBER EXCLUSIVE MEMBERSHIP MEMBERSHIP INCLUDES...

PERSONALIZED PROGRAMS

- Fully Customized to you based on your goals and what equipment you have access to

VIDEO DEMO'S OF EVERY EXERCISE

- Every Exercise assigned will have a detailed video Demo

MONTHLY VIDEO CALLS

- 1 on 1 coaching call every month to discuss progress and make adjustments

NUTRITION GUIDANCE

- 28 Custom Meals Every 4 weeks
- Full Calorie, Macro and Micro Nutrient Plan

DAILY CHECK-INS

- 24/7 Messaging access and daily check-ins

IMPORTANT NOTES:

- This membership pricing and plan is exclusive only to chamber of commerce members!
- This price and perks is guaranteed to stay the same for LIFE!

More Information : (717)-319-6030
<https://www.brycesblueprintfitness.com/>